

Welcome to **Cocon de Montcaud**, your wellness cocoon in the heart of our chateau, where every detail invites you to unwind.

Our guests and their preferences are at the very core of what we do. Our skilled team is dedicated to your wellbeing, ensuring that every treatment is a unique experience. As your needs change, we adapt our advice and techniques to offer a truly personalised and individual approach.

Discover our three designated rooms, where you will be pampered with exclusive French skincare products:

a single treatment room, for complete privacy,

a couples' treatment room, perfect for sharing a moment of pure bliss with a loved one,

an experience cabin, equipped with a high-tech meditation bed for deep relaxation.

Let yourself be swept away and savour this interlude of absolute tranquility, we will take good care of you.

WELCOME

The team at Cocon de Montcaud

COSMETICS OLIVIER CLAIRE

French luxury skincare brand Olivier Claire draws on nature's rarest active ingredients, used at their highest concentrations. A pioneer in Clean Beauty, the brand combines precious organic ingredients with exceptional technical expertise.

Each treatment ritual is designed to respect the natural balance of your skin whilst delivering visible and long-lasting results - a perfect blend of ethics and effectiveness, 100% French-made, for exquisite facial and body care.

FACIAL CARE

30 min **Expert Eye Care**
85€ Radiant eyes

The concept: specifically targeted, highly effective natural active ingredients that gently treat the delicate skin around the eyes, helping to prevent and reduce fine lines, dark circles and puffiness.

The result: a refreshed, long-lasting soothed and glowing look.

60 min **Radiant complexion discovery facial**
155€ Luxurious hydration, natural radiance

The concept: a sensory experience that hydrates the skin, revealing a radiant and fresh complexion.

The result: a sublime, radiant complexion; skin that is restructured, hydrated and revitalised.

105 min **Ultimate Beauty Treatment**
240€ Anti-ageing excellence for your skin

The concept: an exceptional skincare treatment featuring rare and precious active ingredients to stimulate the skin and restore its youthfulness, firmness and vitality.

The result: a refreshed complexion, redefined features and intensely regenerated skin.

All of our treatments can be enjoyed as a duo and/or combined with a Welnamis session.

45 min **Exfoliating Skin Care**
120€ Gentle exfoliation

The concept: an exquisite exfoliating ritual to smooth the skin and reveal its natural softness, enhanced using verveine mist to intensify the sensory experience.

The result: skin that feels renewed, toned and revitalised, fully rejuvenated.

60 min **Invigorating Massage**
155€ Boost & Balance

The concept: toning, detoxifying and cleansing techniques combined with a blend of active ingredients work in perfect synergy to provide an instant invigorating effect.

The result: renewed energy, a re-energised body, and intensely revitalised skin.

75 min **Gentle Body Massage**
180€ Surrender to total relaxation and well-being

The concept: a sensory escape featuring expert techniques and soothing plant-based active ingredients for a personalised treatment.

The result: relaxed skin and body, a calm mind, and full reconnection with yourself.

60 min **Personalized Massage**
155€ Tailor-made treatment

90 min
205€ Whether it is to release tensions, relieve sore muscles, or simply unwind, our therapists will talk through what will work best for you to create a unique experience by combining your preferred techniques and pressure levels.

BODY CARE

All of our treatments can be enjoyed as a duo and/or combined with a Welnamis session.

FACE & BODY RITUAL

90 min **Your Olivier Claire Experience**
205€ A revitalising interlude for face and body

120 min **The concept:** a combination of formulas rich
275€ in active ingredients and expert techniques,
for perfect harmony of body and mind.

The result: a calm mind, a radiant complexion,
and a revitalised, de-stressed body.

A 90-minute treatment includes 60 minutes
of Gentle Body Massage, followed by a
30-minutes facial.

The 120-minute treatment combines a Gentle
Massage (60 minutes) for deep relaxation,
followed by a 60-minute Radiant Complexion
facial (60 minutes).

All of our treatments can be enjoyed as a duo and/
or combined with a Welnamis session.

Our youngest guests deserve their own moment of pampering at Cocon. Our specially designed childrens' treatments are tailored to their body type and the sensitivity of their skin, whilst respecting their privacy.

TOOFRUIT is the first dermatological hygiene and skincare brand offering certified organic products for children aged 3 to 12. TOOFRUIT products are formulated with natural and organic ingredients that are gentle on children's skin and free from controversial substances.

30 min **Delicate angel face facial**

60€

Hydration and protection for the most delicate skin leaving even the youngest feeling revitalised.

30 min **Gentle rubs kids massage**

60€

A special treat for a special kid – our therapists know how to respect growing bodies with gentle strokes designed to relax and delight.

30 min **Bonding time**

145€

Choose between a facial or a massage – and also who gets to come with you! Our dual treatment room is designed for you to enjoy a soothing bonding moment taking care of yourselves.

Skin care products will be adapted to suit each of your needs.

All of our treatments can be enjoyed as a duo. Minors must be accompanied by an adult for the entire duration of the treatment.

PAMPERING FOR KIDS

30 min Discover this cutting-edge technology
65€ dedicated to help you unwind. Through
*22 min the combined effects of calming binaural
35€ beats and gentle vibrations, this experience
5 sessions immerses your body and mind in a state of
260€ deep relaxation.

Choose the programme that best suits your needs, and lie back comfortably on the Welnamis bed to surrender to the soothing frequencies designed to relieve stress and revitalise your body.

* This experience can be enjoyed on its own or in combination with any of our treatments.

Stress Relief

Recommended for first time users.

Promotes a deeply relaxed yet present state of mind.

Perfect for instant relief from everyday tension.

Mindfulness

Creativity & intuition

Activates creativity, insight, dreams and light sleep, which is often associated with REM sleep.

PowerNap

Intense rejuvenation

Promotes a deep state of regeneration associated with deep sleep, the most restorative part of a person's sleep cycle.

Awareness

The most innovative program

Creates the conditions for improved perception, learning and problem solving as well as fast and efficient thinking.

THE WELNAMIS EXPERIENCE

CARE & PRECAUTIONS

Please let us know of any health issues, allergies or injuries when booking. Our treatments are designed solely for your relaxation and well-being; they are in no way intended to be therapeutic or medical. If in doubt, please consult your GP.

Pregnancy: To ensure your complete peace of mind, our massages are specially adapted and provided during the second trimester in uncomplicated pregnancies.

Valuables: For complete peace of mind, we recommend that you leave your jewellery and valuables in your room or at home.

To make the most of your treatment, we kindly ask you to arrive 15 minutes before the scheduled appointment time. In the event of late arrival, we will do our best to offer you the full service. If this is not possible, the duration of the treatment will be adjusted to ensure the smooth running of subsequent appointments.

Treatment times: All treatment times stated include your personalised consultation, preparation time and treatment.

Cancellation: Should your plans change, we kindly ask you to inform us of any cancellation or rescheduling at least 24 hours in advance. After this time, we reserve the right to charge the full cost of the treatment. We thank you for your understanding.

ADDITIONAL INFORMATION